

Trafikverket Cohort 1 – Self leadership

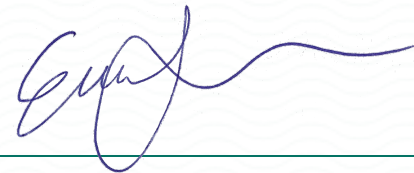
This diploma is awarded to

Sofia Sandblom

for successfully completing

Trafikverket Cohort 1 – Self leadership

17 February 2021 – 01 September 2021



Emma Stelin-Nilsson, Program Manager



Accelerated Learning



Action Learning



Growth Mindset



Peer-to-Peer



Lifelong Learning



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Description of the program

This 2+1+1-day course focuses on Leadership, Communication, Coaching and Team Management for Project leaders working for Swedish Transportation Administration (TRV).

Program Content

- Basis for successful communication
- JoHari windows
- DISC-model (Thomas Int.) for flexible communication
- Feedback on own DISC-analysis
- Discussion key to meet different personalities
- FIRO theory for group development
- Assertive behavior
- Body language and communication
- The model for difficult conversations
- Mediation
- Basic HR in projects
- The conflict stairway
- Onboarding of new team members
- Situational leadership
- Self-leadership
- Feedback tools
- Practical roleplays in all moments

AW Academy

At AW Academy, we believe that learning is a process that occurs when the individual interacts with others, to embrace and implement knowledge, skills, and competence. Consequently, we place great emphasis on identifying and developing the individual's capacity for learning. Besides learning new subjects' areas, individual's at AW Academy, get to practice our pedagogical methods which lays a great foundation for their skill in learn-to-learn.